Factsheet Patient Control



My Health Record and Patient Control

The My Health Record system was designed for individuals to control what goes into their record and who can access their health information.

A patient can control access and use of their record in two primary ways:

- 1. By verbally allowing or denying access and rights to their record
- 2. By setting electronic access controls

A patient can:

- Cancel their record at any time which permanently deletes it. If a patient decides at a later date to register for an MHR it will not have any previous clinical information uploaded to it.
- Ask a health professional not to send any, or certain information to their My Health Record.
- Ask a health professional to not look at their record.
- Set access controls on their entire record using a record access code (RAC).
- Limit access to individual documents in their record by using a Limited Document Access Code (LDAC) on specific documents.
- Block a healthcare organisation from accessing their record when that organisation has previously accessed the record.
- Hide from view or permanently delete documents in their record.
- Give a friend or family member access to their record.
- Choose to download a third-party app that will enable them to view their record on smart device.
- Ask a health service to tell them who has accessed their record.

